

Beauty Profile

I Can't Believe My Eyes...



I was in a state of shock. His side of the closet was empty and his car was gone. I found myself standing in the kitchen staring at a wedding band and a note. I just couldn't bring myself to read it... but I had to.

32 years of marriage, three grown children, anxiously awaiting our opportunity to become grandparents, and there it was. The end of my marriage starkly spelled out in font size number 10, black and white, Times New Roman. I couldn't breathe. I couldn't move. All I could feel was my heart pounding. This could not be real; but it was real, and I had to move on.

The next few months seemed like a shadowy eternity of despair. What was once a loving relationship was reduced to a business failure and an emotional fire sale. I became a shell of my former self.

But life goes on. Even the deepest of wounds can begin to heal. He left me everything. The house, the cars, money; he just wanted out. Then, I realized something very interesting. I was free. I was alive, and I could be happy.

I enjoyed every moment of my marriage. I was happy as a wife. Motherhood was challenging, yet exciting; however, that time had passed.

Now, staring back at me in the mirror was a face etched with 32 "not about me" years. Even though I saw myself every day, the person in the reflection was not me.

I decided it was time. Where to begin, right? I joined several social groups, adopted a dog from the humane shelter, hired a fitness coach and had a **facial consultation** with Dr. Thomas Cawthon at River Region Facial Plastics.

Things really started shaping up for me, and I started to really feel happy - for me! I met with Dr. Cawthon, in his very comfortable and friendly office off of Chantilly Parkway. I was greeted with a warm welcome and felt Dr. Cawthon really took his time to embrace my concerns and give thoughtful consideration to help me figure out what I wanted most. He created what he called a **"beauty plan"**, and I left with several options and pricing. I sat in the parking lot and considered my options... staring back at me in that very same Times New Roman font.

I felt so sure about what he had explained I got out of my car and went back inside! I realized 66 years of aging didn't happen overnight, and it would take several injections, a new skin care regimen, and an upper and lower lid blepharoplasty to **begin the reversal of 66 years**. I decided this would be a good jumping off point for me to get started and have never regretted it one single day. Every time I visit the office the girls are so happy to see me, they celebrate my progress right along with me and I have relied on them to give me an honest opinion. I always joke, "If you can't take the truth, don't ask the RRFP girls!" Dr. Cawthon and his team are always warm, respectful and professional.

I wish it wouldn't have taken a divorce for me to start caring for myself. Timing isn't always on one's side, but if you can **do something good for yourself**, start ASAP. Call and schedule your free consultation with Dr. Cawthon at River Region Facial Plastics and adopt a companion from the humane shelter!

Please contact us via email at RiverRegionFacialPlastics@gmail.com with your questions or comments!