

Beauty Buzz

From our blog at RiverRegionFacialPlastics.com

Pop Off the New Year with New Peepers



Communicating with the eyes is a very common way of connecting with others. Because of our constant eye-to-eye contact, the eyes are a great place to help make a noticeable improvement to your appearance.

A blepharoplasty, or eyelid surgery, can be a simple in-office procedure if you are pursuing a cosmetic desire to rejuvenate the eyes. Commonly in the 50+ age group, we find that due to volume loss of the face and loss of elasticity in the skin, eyelids can droop heavy enough to touch the eyelashes often inhibiting peripheral vision.

If you are in pursuit of a cosmetic blepharoplasty, the upper eyelids and lower bags of the eyes can be addressed in the same surgery. We prefer that you have a current eye exam to state any issues concerning the eye or a letter stating you have generally good eye health. We administer a light cocktail of oral relaxing medications. Once you are comfortable and relaxed, we use lidocaine to numb the eyelids with a tiny needle.

Once the surgery is complete, you leave our office with a driver of your choice to relax quietly with the head elevated. We supply you with Swiss eye therapy cooling gels to cover the eyes until bedtime. The following days are planned to be relaxing, and nothing strenuous, while you apply ointment 3 times a day to the healing tissues.

You will return to our office in 1 week for a check up and suture removal. You can return to normal activities in 10 days – 2 weeks. Returning to reading and long hours of computer work is permissible in 7 days.

Any swelling or bruising typically disappears in 10 days and can be covered with make up application.

If you might be a candidate for insurance coverage, we can make that determination during your complimentary consultation. The fall months are the best time to consider a refreshing look for the holidays.

Tis the Season to Refresh your Look

The two most popular times of the year to consider facial plastic surgery are the fall and early winter... just after the holidays.

The QuickLift® is a great way to refresh your appearance before the holidays or wipe away the holiday stress after the season. We offer the QuickLift® at RRFPP because this procedure gives a refreshed look to your mid face and neck without months of downtime recovering from surgery.

While the QuickLift® is still a surgical procedure, by using a suture technique to lift the muscles of the face and neck, the recovery is minimal and the procedure is often referred to as a "mini lift."

The results are gratifying! We often hear that the clock has been turned back 10 years! Does it last? Yes, the lift is permanent; however, the face still continues to age over time. Simply stated, if you had the procedure and your twin did not, you would always look 10 years younger than your twin.

While it is possible to have a general anesthetic, we find it quite comfortable to use a mixture of oral medications that relax you for the procedure. We use local injections of a lidocaine mixture to numb the tissues of the face making the QuickLift® a comfortable in-office procedure, if you so choose. Many people are fearful of general anesthesia, and therefore do not pursue a traditional facelift. We have performed hundreds of lifts in our office setting with safety and comfort. Consider visiting with one of our physicians for a complimentary consultation to determine if the QuickLift® procedure is something you will ask Santa to put in your stocking!

Please contact us via email at Doctors@RiverRegionFacialPlastics.com with your questions or comments!

