

# A Refreshed Look for Shirley Esco

One of RRFP's clients shares her experience

Hello, I'm Dr. Cawthon and I'd like to introduce you to one of our clients, Shirley Esco. There are some patients whom we as physicians treat that affect our heart by their warmth and charm; Shirley Esco is one of those patients. She is soft spoken and very pleasant, and little did I know she and I shared talents in different venues; hers on the canvas and mine in the operating room. It was so fulfilling for me to give her a refreshing change in her beauty when I did her surgery. Shirley is a BOOM! reader so I wanted to share a little about her and the experience she had with River Region Facial Plastics. First, a little about Shirley.

She is an accomplished artist who is a member at Gallery One in Old Cloverdale. Shirley's work reflects her background... she has lived out in the country all of her life and is continually inspired by the beautiful trees and lakes. Her art exudes serenity, beauty as found in nature, and a great sense of light.

Shirley is a widow, and she has found art to be great therapy. As a mother and grandmother, she keeps busy with activities involving her family, her art, and her friends. She has had one-woman exhibitions at several venues and recently won first place for the Elmore County Annual Winter Show and first place at the Crater Art Contest. She studied art at Auburn University Montgomery and has continually enhanced her technique at numerous art instruction workshops.

With this busy life, you can imagine that looking in the mirror and not loving her reflection was not acceptable to a woman so ingrained in creating beauty. She is a lovely woman; however, through the years and stress of her husband's death, she felt as if she could use a bit of refreshing. Her story is one of the many I see each day in our office. Looking at her today you would never realize that

she has had a "face lift". She has the look of a well groomed, vibrant artist full of confidence in her work and her appearance.



Before and After, Shirley Esco

## In Shirley's Words

### What brought you to RRFP?

*Last year, Dr. Cawthon performed eyelid surgery on me, and I decided then that I needed to further refresh myself. I exercise regularly and try to take good care of myself, so I wanted to look in the mirror and see someone that looks as good as they feel.*

### Why did you choose Dr. Cawthon?

*Dr. Cawthon has been a longtime doctor for me and my children. I trust him completely.*

### Many women are hesitant to have the surgery, were you?

*Of course, I was a little apprehensive about having any kind of surgery, but I knew this*

*was something I have been wanting to do for quite a while and once I made up my mind, the decision to go forward was easy.*

### After your decision, did you wonder if you'd made a mistake?

*No, because one week after my surgery, I was out in public and everyone that saw me was amazed! I had no bruising and very little swelling. I think the key is to follow Dr. Cawthon's instructions, then you'll know your decision was not a mistake.*

### What has been the most positive result from having this procedure?

*The obvious result is that I look years younger, but above all else, I feel good about myself. My confidence has surely improved.*

### What would you tell other women about your before and after experience with RRFP? Would you recommend to others?

*I would share my before and after experience with Dr. Cawthon and his staff. They always made me feel important and they treated me like family. They are all very professional. I knew they would be there for me if I ever had any questions or concerns. I have already recommended RRFP to several of my friends, and others have been asking me questions about having the same procedure; I simply recommend RRFP.*

I hope you will give us a call to set up your free consultation so we can help create your own customized beauty plan and determine which treatments will be best for you. Please email us at [Doctors@RiverRegionFacialPlastics.com](mailto:Doctors@RiverRegionFacialPlastics.com) with your questions about facial health, beauty and rejuvenation

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