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Dermal Filler Pre & Post Treatment Instructions (Boletero, Restylane & Perlane Products, Juvederm & Voluma Products)

Pre-Treatment

- If you have any of the following conditions, you should not receive treatment with a dermal filler. Please notify your doctor!
 - Pregnancy or nursing (or trying to become pregnant)
 - Active acne or infection
 - Previous allergy to a filler or hyaluronic acid product
 - Don't wear makeup to your appointment
 - Avoid irritating chemicals and/or soaps for a week prior to your injection
 - Notify your doctor if you take any blood thinners (aspirin, plavix, coumadin, fish oil, vitamin E, etc). Ask when you need to stop taking these medicines before your injection.
 - Notify your doctor if you have a history of cold sores (if you are getting your lips injected)

Post-Treatment

- The filler results are present immediately, but swelling is expected and could last up to 2 weeks. Bruising can occur and may also last up to two weeks.
- Fillers last 10-12 months on average. This differs between individuals and also based on the location.
- Take your Sinecch injectable treatment capsules as directed on the packaging

Immediate Post-Treatment instructions:

- *DO's:*
 - Ice the treated area as much as possible until bedtime.
 - Apply make up as desired, if the skin is not broken or irritated.
 - Clean your face normally.
 - Expect some red bumps at the injection sites.
 - Take your cold sore medication (if prescribed)
 - Call us with any questions or concerns.
- *DON'T's*
 - Don't massage the area
 - Don't exercise for 24 hours
 - Get excessive sun or heat exposure for 24 hours
 - Take aspirin or other blood thinners for one week unless directed otherwise by your doctor (Be sure to ask!)
 - Hesitate to call us with problems!